



# Canadian Cardiometabolic Risk Management Postcard

Edit this text for contact info, address etc

(DELETE THIS BOX & PLACE LOGO HERE)

Helping people with serious mental illness live healthier and longer

I am asking for your support to have well-planned physical health monitoring.

## LET'S WORK TOGETHER:

- My mental health team
- My family MD
  - My family
  - and Me

Please call: \_\_\_\_\_

