

The Early Psychosis Intervention Ontario Network (EPION) is a network of specialized service providers, clients, and their families. Our goal is to provide early treatment and support to all Ontarians dealing with psychosis.

Update on EPION Website

Members' Site

Over the years, EPION has hosted a "members only" website. It was intended to be a place where managers and front-line workers could go to a) access information/resources and b) connect with other EPI workers. Unfortunately the platform for this site was not user friendly and therefore not generally used, so EPION decided to move the members' site to an easier platform - the Evidence Exchange Network or EENet Connect.

EENet Connect is an online community where those interested in mental health and addiction can share knowledge and collaborate with others. It currently has over 3,000 members. As mentioned above, it also offers EPION the opportunity to have a website within EENet Connect that is available only to registered EPI staff and affiliated people. This site, "The EPION Group", is still in the developmental stage, but we hope to have it completed and ready to use soon.

Once it is ready for use, EPION would be pleased to have all EPI staff register for access to the site. The site will be a place for EPI members to connect, provide or access information and resources, or ask questions to the membership in general. There is a calendar where you will be able to upload your events and flyers.

The Managers' Forum will be relocated within the EPION Group.

Public Site

As for the EPION public site, there are also plans in the works to change the general look of the site, including colours to match the new logo. There will be more content and information for families, and places for videos. If you have any suggestions of things you would like to see on the public site, please email us at info@epion.ca.



"If you want to go fast, go alone. If you want to go far, go together." - African proverb

EPION members participated in a number of creative exercises to explore different forms of knowledge exchange and the nature of networks.

Knowledge Exchange Think Tank

EPION held a Knowledge Exchange Think Tank February 11-12, 2015 in Toronto, facilitated by Sheila M. Cook. The main objectives were to strengthen relationships within EPION, and with key strategic partners, and to inform EPION members about each work group's goals, accomplishments and next steps. We had over 30 participants, including representatives from 6 LHINs. Overall, participants (including LHIN reps) found this Think Tank extremely informative and productive. Above, we shared some of the visual products from the Think Tank.

New EPION logo

As part of the work of the Public Education and Outreach Working Group (PEO) we envisioned a revitalized logo; one that was contemporary and less open to interpretation. The idea was put forward at the Knowledge Exchange Think Tank and we received approval to move forward.

The PEO determined that we wanted to maintain the existing blue color, but were open to using other colors as well. The choice of orange as the secondary color provided a nice contrast to the blue as compared to other colors shown. We also wanted the logo to convey the idea of a network.

As part of the logo transformation, we also confirmed a new French

language translation of the name.

The meaning of our new logo is:

a) Connected circles symbol were used to demonstrate EPION's dedication to providing a network of psychosis programs and information for those who need it, creating a strong support system.

b) Use of 3 dots relates to the symbol used for sharing (sharing icon) in social media.

c) Symbol not contained within the "o" (leads off into white space), demonstrates how the goal is to help individuals move past their condition rather than be constrained by the symptoms they are experiencing.

- Karen Hicks



EPION's new logo and the subtle icon within the "O" symbolizes networks, sharing, and helping individuals to move past their condition.

Improving Health Outcomes in Youth with First Episode Psychosis — Canadian iphYs

May 21st Symposium sponsored by EPION and Ottawa On Track Program

Not yet registered for the satellite symposium *Keeping the Body in Mind, in Youth with Psychosis*? This event brings together internationally recognized speakers for a day focused on metabolic monitoring and life style approaches to preserving the wellbeing of individuals with psychosis. The symposium is of interest to health care professionals as well as individuals and families involved with early psychosis intervention.

A few spaces are still available for those who want to attend by webinar or in person at our downtown Toronto venue. For speaker, venue and other information as well as to register: <http://epion.ca/wp-content/uploads/2012/09/EPION-May-Symposium-Flyer-2015.pdf>

If you have any questions: rosemary.feeney@camh.ca

Free admission and lunch is provided. Participants cover their own travel costs.

"Effective strategy for communicating / important information and creative ideas / through interactive professional collaborative work."

- KE Workshop Activity

Quoted above is the answer to the question. "What EPION means to us", as answered using a magnetic poetry kit at the EPION KE Think Tank.

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