



EARLY PSYCHOSIS INTERVENTION
ONTARIO NETWORK



OCTOBER 14 & 15, 2015
TORONTO, ON

For the past 10 years, EPION (formerly the Ontario Working Group on Early Psychosis Intervention) has been the voice of EPI services in Ontario. The network unites programs delivering service in more than 70 communities across the province. EPION hosts the largest conference in Canada that brings together EPI practitioners, individuals with lived experience of psychosis, and family members.

EPION'S 10TH ANNIVERSARY CELEBRATION AND CONFERENCE

October 14 & 15, 2015

Hilton Toronto Airport Hotel and Suites | 5875 Airport Road Mississauga, ON | L4V 1N1

Keynote Speakers:

Dr. Patrick McGorry -- Executive Director of *Orygen The National Centre of Excellence in Youth Mental Health* and Professor of Youth Mental Health at University of Melbourne.

Dr. David Shiers -- Fierce advocate as a GP and father in the UK and known internationally for reform in the approach to care for young people with psychosis.

Dr. Ashok Malla -- Founding and former director of PEPP-Montréal, Douglas Institute; Professor and Canada Research Chair in Early Psychosis, McGill University; President Canadian Consortium of Early psychosis programs.

Plus:

40 Workshops and presentations offered during the 2 day conference. Hear about new research and implications for individuals with psychosis. Learn about new directions in service delivery. Debate emerging practices.

PRE-CONFERENCE: October 13, 2015

2015 EPION Conference offers two special Pre-conference sessions. Advance registration required and space is limited. Refreshments and hot lunch will be provided. Further details on the Pre-conference are available online at: www.epion.ca/conference2015

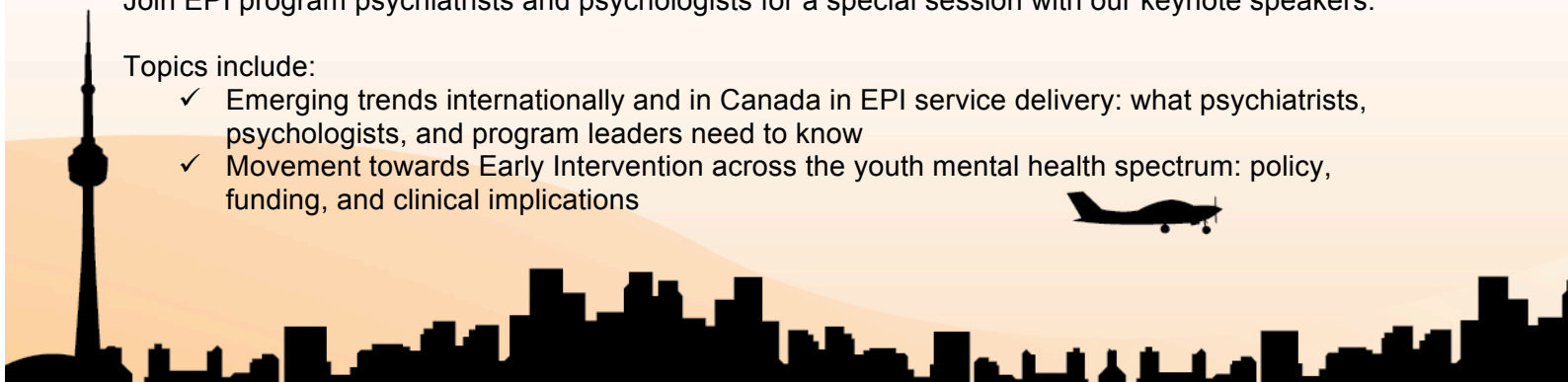
Session 1: Psychiatry and Psychology in EPI

10am to 4pm | Hilton Toronto Airport Hotel and Suites | Cost: \$175

Join EPI program psychiatrists and psychologists for a special session with our keynote speakers.

Topics include:

- ✓ Emerging trends internationally and in Canada in EPI service delivery: what psychiatrists, psychologists, and program leaders need to know
- ✓ Movement towards Early Intervention across the youth mental health spectrum: policy, funding, and clinical implications



- ✓ Bridging clinical service, research and evaluation: strategies for strengthening practice
- ✓ Clinical practice issues:
 - Current debates in medication prescribing
 - Cognitive Remediation and its role in EPI programs

Session 2: Choices and Changes: Clinician Influence and Patient Action

11am to 4pm | Hilton Toronto Airport Hotel and Suites | Cost: \$55

A special workshop for clinicians and family workers focussing on personal and professional development. This workshop recognizes the powerful role that health care providers play in supporting improved client self-management, collaborative goal setting, and problem solving.

Facilitator: Milinda Alexander, Faculty Member, Institute for Healthcare Communication, Adjunct Lecturer, School of Rehabilitation Sciences, McMaster University.

Topics include:

- ✓ Techniques to influence patient/client behaviour change
- ✓ Health behaviour change theory
- ✓ The clinical role in patient/client behaviour change
- ✓ Strategies for creating relationships of trust with patients/clients
- ✓ Skill development practice time

Watch for updates about the conference schedule and speakers at www.epion.ca/conference2015

REGISTER NOW! Visit:
www.epion.ca/conference2015

QUESTIONS? Contact Lena Arabian:
lena@typeaevents.ca

2015 Registration Fees

Pre-Conference

Session 1: \$175 Session 2: \$55

Conference

\$375 per Registrant (Full Program)

\$225 per Registrant (1 Day)

All Fees to be paid in full by September 25, 2015

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Check-in & Registration: opens at 7:30am Conference Day 1 & 2: 8:30 – 5:00pm

Workshops and sessions:

- ✓ Choose from 40 workshops and presentations offered during the 2 day conference
- ✓ Meet the more than 50 speakers who together bring a wide range of perspectives as individuals with lived experience, family members, clinicians, researchers, and physicians
- ✓ Explore topics that interest you or enhance your professional practice
- ✓ Hear about new research and what it means for young people with psychosis
- ✓ Understand political, economic, social and cultural influences on the future of EPI
- ✓ Debate emerging practices with colleagues

Network across boundaries:

- ✓ Take advantage of the opportunities at the conference to connect with front line clinicians, program managers and team leaders, psychologists, psychiatrists, researchers, policy makers, family members, and individuals with lived experience of psychosis
- ✓ Share clinical experiences and strategies to strengthen service delivery
- ✓ Draw from the experience of EPI programs in Ontario, elsewhere in Canada, and internationally

Celebrate:

- ✓ Join your Ontario colleagues in celebrating EPION's 10th anniversary, recognizing the strength, resiliency, and accomplishments of this province-wide network and its dedicated volunteers
- ✓ Be inspired by the resiliency of individuals with lived experience of psychosis, the family members who support them, and the EPI teams who innovate and adapt to meet pressing needs on a daily basis

Take Action:

- ✓ Embrace evidence based practices
- ✓ Translate knowledge into action: equip yourself to meet practical challenges
- ✓ Inspire those around you

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