



EARLY PSYCHOSIS INTERVENTION

The term “psychosis” describes conditions that affect the mind, causing a **loss of contact with reality** or trouble deciding what’s real and what’s not. Common symptoms of psychosis include **hallucinations**, **delusions** (false beliefs), **paranoia**, or disorganized thoughts and speech.



WWW.EPION.CA

CAUSES & ONSET

Because psychosis affects a person’s **mind, feelings, & behaviour**, everyone who experiences psychosis experiences it differently.

Psychosis occurs in ~3% of the population. Onset usually occurs during adolescence and can be due to several factors, including biology, stress, trauma, and drug use.

INTERVENTION

Currently, only 1 in 3 get help.
Let’s change this.

Specialized early intervention helps people to get better faster and return to their regular lives more quickly. Delaying treatment may lead to slower recovery.

WHERE TO GET HELP

To find a service, visit www.epion.ca

Visit www.epion.ca for a map of service sites. Programs are located across Ontario. Don’t wait to call.

ROAD TO RECOVERY

RECOVERY is about getting better.

Recovery is a process. Each person who has experienced psychosis will define recovery in their own way.

ABOUT THE EARLY PSYCHOSIS INTERVENTION ONTARIO NETWORK

The Early Psychosis Intervention Ontario Network (EPION) is a network of specialized service providers, clients, and their families. **Our goal is to provide early treatment and support to all Ontarians dealing with psychosis.**

Place Program Label Here

Mailing Label (1⁵/₈” x 1”)

Sources: Early Psychosis Intervention Ontario Network (EPION). 2013: www.epion.ca
Centre for Addiction and Mental Health (CAMH). 2013: www.camh.ca

